



Phase I Reopening Standards and Guidance

Established by Order No. 8 of the

Director - City of St. Louis, Department of Health



Note: Further phases of relaxation or modification of this guidance will be determined based upon health data, experience, continued developments in testing and treatment, and ultimately, the availability of a vaccine.

1. Requirements for Phase I of “Reopening”

Requirement	Metric
Decreased Transmission	Sustained reduction in 7-day rolling average hospital admission incidence rate for COVID-19; OR Consensus opinion that the COVID-19 transmission rate is adequately suppressed (Note: data skewed by increasing amounts of testing and also possibly by outbreaks at long term care facilities, etc.)
Healthcare Demand	Healthcare systems confirm through St. Louis Metropolitan Pandemic Task Force <ul style="list-style-type: none">○ They are not operating under crisis standards of care○ Have adequate PPE
Testing	All symptomatic persons presenting to a hospital or ambulatory care site can be tested
Contact tracing	Public Health affirms capacity and capability to perform effective contact tracing, isolation and quarantine.

2. Phase I Guidance for Individuals

Category	Standards and Guidance
Social Distancing	<ul style="list-style-type: none"> • Maintain social distancing of at least six (6) feet from any other non-related person
Face masks	<ul style="list-style-type: none"> • Facemasks/coverings should be worn by all residents nine (9) years of age or older in the following: <ul style="list-style-type: none"> • Public closed spaces • Outdoors when six (6) feet of distance is unpredictable or cannot be maintained from non-related persons • Aboard public transportation
Handwashing	<ul style="list-style-type: none"> • Wash hands with soap and water several times a day or use alcohol-based hand sanitizer (at least 60% alcohol)
Stay at Home	<ul style="list-style-type: none"> • Vulnerable populations, including those over 65 and/or individuals at high risk of illness should stay at home as much as possible and avoid social contact to reduce risk of exposure
Monitor signs of Illness	<ul style="list-style-type: none"> • Stay home if you are sick • Contact a healthcare provider if experiencing symptoms and get tested
Cleaning	<ul style="list-style-type: none"> • Sanitize commonly used spaces and surfaces in your home or workplace
Gatherings	<ul style="list-style-type: none"> • No social gatherings of more than ten (10) people
Visiting	<ul style="list-style-type: none"> • People should not visit nursing homes, long-term care facilities, retirement homes, or assisted living homes or vulnerable friends/family

3. Phase I General Guidance for Business

Category	Standards and Guidance
Social Distancing	<ul style="list-style-type: none"> • Maintain six (6) feet of distance between employees and consumers <ul style="list-style-type: none"> ○ Consider installing physical barriers between customers and employees ○ Consider using tape or other means to increase compliance with social distancing recommendations ○ Educate employees on all procedures related to social distancing requirements ○ Post signage regarding face coverings, hygiene, and social distancing for employees and customers ○ Consider providing separate operating hours for vulnerable populations and high-risk individuals to allow for maximum social distancing ○ Consider other techniques to increase social distancing such as staggered shifts, etc. ○ Encourage telework where feasible • Retail establishments must comply with the State of Missouri’s order regarding capacity restrictions¹
Personal Protective Equipment - Facemasks; Gloves	<ul style="list-style-type: none"> • Provide face masks, or supplies to make face masks, to all employees and volunteers working in the business • Require employees or volunteers to wear face masks at work, unless an employee or volunteer is working alone in an enclosed area or is working outside and maintaining social distancing

	<ul style="list-style-type: none"> • Gloves should be worn where appropriate
Handwashing	<ul style="list-style-type: none"> • Provide breaks for employees for hand washing or sanitizing opportunities throughout the day • Make hand sanitizer available at building openings for the public
Disinfection	<ul style="list-style-type: none"> • Perform proper cleaning per CDC guidelines • Provide material and education regarding proper cleaning procedures • Require employees to routinely disinfect all high touch surfaces including any areas frequently touched by customers or employees
Employee Screening	<ul style="list-style-type: none"> • Establish daily protocols to evaluate employee health • Allow employees to quarantine • See Exhibit A for a sample Screening Form

¹<https://governor.mo.gov/sites/gov/files/media/pdf/2020/04/Economic-Reopening-Phase-1.pdf>

4. Phase I Guidance for Specific Business Categories

Category	Standards and Guidance
Offices	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • Limit access to and consider closing communal spaces • Inspect and adjust airflow as needed/possible to reduce spread of virus including opening windows • See Exhibit B for additional specific guidance
Hotels & Commercial Lodging	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • Hotel restaurants and bars, retail and gyms should follow restaurant and bar, retail and gym guidance • Ballrooms, banquet rooms, meeting rooms closed in Phase I • See Exhibit C for additional specific guidance
Manufacturing	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • See Exhibit D for additional specific guidance
Retail Services and Malls	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • See Exhibit E for additional specific guidance
Restaurants and Bars	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • Follow FDA Guidance • See Exhibit F for additional specific guidance

Personal Services (nail salons, hair salons, tattoo parlors, etc)	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • See Exhibit G for additional specific guidance
Transportation (Taxis, Uber, Lyft, buses, etc.)	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • Improve ventilation where possible • See Exhibit H for additional specific guidance
Churches	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • Follow Centers for Disease and Prevention (CDC) Guidelines
Childcare facilities	<ul style="list-style-type: none"> • Follow General Guidance for Businesses • Follow CDC Guidance
Parks, playgrounds and pools	<ul style="list-style-type: none"> • Parks remain open provided social distancing can be maintained • Playgrounds and pools should remain closed • Contact-sports courts/facilities remain closed (i.e. handball, basketball, soccer, etc.)

5. Other Guidance/Information

Category	Standards and Guidance
Ballrooms, Banquet Rooms, Meeting Rooms	<ul style="list-style-type: none"> • Closed in Phase I
Gyms & Fitness Centers	<ul style="list-style-type: none"> • Closed in Phase I
Casinos	<ul style="list-style-type: none"> • Closed in Phase I
Schools	<ul style="list-style-type: none"> • Follow specific jurisdictional guidance • Missouri Department of Elementary and Secondary Education (DESE) Information • Missouri DESE Administrative Memo - Summer School Recommendations • CDC Guidance on Reopening Schools
Sports Stadiums	<ul style="list-style-type: none"> • Closed in Phase I or until specific event operating plans are submitted to and approved by City of St. Louis Department of Health
Cultural institutions/ Destinations& Attractions/Large Venues (i.e. Zoo, Aquarium, Arch, Science Center, Museums, Stifel Theatre, Fox, Pageant and similar venues)	<ul style="list-style-type: none"> • Closed in Phase I or until specific operating plans are submitted to and approved by City of St. Louis Department of Health

LIST OF EXHIBITS

EXHIBIT A – EMPLOYEE FORM

EXHIBIT B – BUSINESS OFFICES; COMMERCIAL OFFICE

EXHIBIT C – HOTELS & COMMERCIAL LODGING

EXHIBIT D – CONSTRUCTION, MANUFACTURING AND REPAIR

EXHIBIT E - RETAIL SERVICES AND MALLS

EXHIBIT F – RESTAURANTS AND BARS

EXHIBIT G – PERSONAL SERVICES

EXHIBIT H - TRANSPORTATION