

**Child and Adult Care Food Program  
MEDICAL EXCEPTION STATEMENT FOR FOOD SUBSTITUTION**

CHILD'S NAME	DATE
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NAME OF DAY CARE CENTER/HOME AND ADDRESS

Dear Parent/Guardian:

This day care center/home participates in the Child and Adult Care Food Program (CACFP) and must serve meals and snacks meeting the CACFP requirements. Food substitutions may be made only when supported by a physician's statement. Please ask your physician to complete and sign this form. Return the completed form to the day care center/home. If you have any questions, please contact me at:

\_\_\_\_\_ *Day Care Center/Home Phone Number*

\_\_\_\_\_ *Day Care Center/Home Contact Person*

CACFP Sponsor – Keep Completed Form Signed by Physician on File at the Day Care Center/Home

Complete All Information

1. Does child have a disability according to 7 CFR Part 15b.3 (*defined as "any person who has a physical or mental impairment which substantially limits one or more major life activities"*)?

**Yes** If yes, provide the following information and complete parts 3, 4 and 5.

**No** If no, go to part 2.

a. What is the disability? ..... \_\_\_\_\_

b. How does the disability restrict the diet? \_\_\_\_\_

c. What major life activity is affected? ..... \_\_\_\_\_

2. Child has no disability but requires a special diet.

**Provide the following information and complete parts 3, 4 and 5.**

Identify medical problem which restricts the child's diet.

3. List food/type of food to be omitted.

4. List food/type of food to be substituted.

5. \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Physician



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