

| Time | Presenter | Session | Room # |
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| Friday 10/4/19 3:00-4pm | | Registration Opens | Entrance |
| Friday 10/4/19 4:00-4:45pm | | Dinner: Traditional Pasta Buffet-Penne Pasta, Bowtie Pasta, Meat Sauce, Alfredo Sauce, Broccoli, Garden Salad, Garlic Bread, Mini Cannoli's, Lemonade and Water | |
| Friday 10/4/19 4:45pm - 5:45pm | Denise Carter-Unleashing Potential Kenneth Woods-Gene Slay Boys & Girls Club Bolanle Ambonisye-U & I Rise Lisa Eberle-Mayse-United 4 Children Deborah Taylor-United 4 Children | Panel Discussion on Breaking the Preschool to Prison Pipeline: a conversation on the importance of keeping kids in school. | Ballroom |
| Session 6:00pm - 8:00pm | Sheila Oliveri - Ready Readers | Title: Books, Breathing & Behavior: Using Emotional Literacy, Discussion & Breathing Techniques to Help Preschoolers Cope with Stress Description: The number of children affected by trauma grows each year, impacting their relationships, self-regulation, sensory processing, learning, and behavior. These impacts make them susceptible to becoming part of the birth to prison pipeline. Suggestions will be given for using children's literature to introduce the vocabulary needed by children to identify their various emotions, ways to introduce stress-free discussions about emotions and behavior, and equipping teachers and children with simple, practical ideas to recognize and gain self-control during times of stress. | 202 |
| Session 6:00pm - 8:00pm | Jennifer Blevins,MSW, LCSW Nicole Marsh,MSW, LMSW Family Forward | Title: Understanding and Responding to Behaviors through a Trauma Lens Description: Whether you are aware or not, there are children in your care who have experienced trauma. These children may present with behavioral challenges or difficulties in the school setting or these children may fly completely under your radar. Understanding and responding to children in your care with a trauma lens supports their regulation and engagement in the classroom. | 402 |
| Session 6:00pm - 8:00pm | Bolanle Ambonisye, Director U & I - Rise Education and Training Co. | Title: Healthy School-Home Connection Description: Healthy School-Home Connection (HSHC) is a School and Home Relationship Strengthening tool that has overwhelmingly positive implications when used in childcare and preschool settings, when parent engagement is typically highest. HSHC empowers childcare institutions and schools to induce parents to function as conscious lead partners in their children's education by equipping parents with the ability and responsibility to provide a home environment that supports academic success. Incorporating HSHC can help distinguish your facility as one that produces Kindergarteners with a solid foundation for academic success | 403 |
| Session 6:00pm - 8:00pm | Kenneth Woods, MA, LCSW - Gene Slay Girls and Boys Club of St. Louis | Title: It's All About the Relationship! Description: Develop ways to be impactful with the children in your care by understanding the role of traumatic experiences in relationship building. | 204 |
| Session 6:00pm - 8:00pm | Bridgit Gale - United 4 Children | Title: Building Nurturing and Responsive Relationships Description: This training will include reasons why social and emotional development is critical to children's future. The training explores the first level of the Pyramid Model from the Center for Social Emotional Foundations of Early Learning at Vanderbilt University – Nurturing and Responsive Relationships. How to build positive relationships with children, co-workers, and families will be the focus. Participants will: Learn the reasons why children's social and emotional development is critical to the child's future. Gain knowledge in ways to look at challenging behaviors through reframing Understand social and emotional developmental stages (theories) Understand the different brain states. Identify strategies that can be used to build relationships with children, co-workers, and families. | 404 |
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| Saturday 10/5/19 7:00 am | | Registration Open | Entrance |
| Saturday 10/5/19 7:00-8:00 am | | Continental Breakfast Fruit, Bagels, Muffins, Danishes, Donuts, Scones, Regular Coffee, Decaf, Orange Juice, Apple Juice, Hot Tea, Water | Ballroom |
| Saturday 10/5/19 8:00am - 8:50am | Rev. Dr. Starksy Wilson | Keynote Speaker Presentation | Ballroom |

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| Session 9:00am - 12:00pm | Craig Stevenson - Kids Win Missouri | Title: Early Childhood Legislative Update Description: Too busy to keep up with politics? Come and hear what changes the state legislature and state departments are improving and changing that impacts early childhood education! | 403 |
| Session 9:00am - 12:00pm | Shana Blumenthal, MSW, LCSW - Keystone Mental Health Services at Our Little Haven | Title: The Importance of Play in Early Childhood Description: Participants will discuss the benefits of play for young children and learn different types of play. Participants will also learn and practice strategies to engage with children in play. Come ready to play! | 402 |
| Session 9:00am - 12:00pm | Wendy Cornell - United 4 Children | Title: Cultivating Resilient Teachers Description: According to a recent study from the University of Missouri, 93% of teachers report high levels of stress. The implications of teacher stress are profound, including increased teacher burnout and teacher turn-over. Additionally, teacher stress is found to have a direct impact on the well-being of children. This training examines teacher resilience and offers practical strategies to reduce stress. | 404 |
| Session 9:00am - 12:00pm | Kate Hannon - Belle Center, St. Louis Arc | Title: Hand-in-Hand: Sensory and Behavior Needs in the Early Childhood Classroom Description: Sensory responses and needs are often evident in young children. Recognizing and understanding an individual child's sensory needs can be a key to understanding how sensory influences a child's responses and behaviors. We will present the facts of sensory integration with opportunity to use concrete examples and challenging behavior experiences as the focus for the brainstorming strategies and interventions for success. Through the eyes of an occupational therapist, early childhood special educator and a behavior therapist, we will focus on the pro-active interventions and responses, addressing a variety of learning styles in children. Teachers will come away with specific strategies to use in the classroom to provide sensory opportunities throughout the day to help mitigate challenging behaviors. | 204 |
| Session 9:00am - 12:00pm | Jan Inman - United 4 Children | Title: Wired to Move:Facts and Strategies for Nurturing Boys in an Early Childhood Setting Description: Did you know that 80% of the children expelled from preschool are boys? In this session we will discuss some sobering facts about boys in preschool, current brain research about the differences between boys and girls, and talk about strategies to implement in the early childhood classroom to help boys learn, grow and develop and to decrease challenging behavior. To end the session, the participants will make a lesson plan and design an environment to implement in their classroom using the new information from this session. | 202 |
| Break 12:00-1:00pm | | Lunch Sandwich & Salad Buffet- Assorted sandwich's, Garden salad, Chips, Brownies, Cookies, Tea, Lemonade and Water | Ballroom |
| Session 1:15pm - 2:15pm | Craig Stevenson - Kids Win Missouri | Title: Early Childhood Legislative Update Description: Too busy to keep up with politics? Come and hear what changes the state legislature and state departments are improving and changing that impacts early childhood education! | 403 |
| Session 1:15pm - 2:15pm | Ann Cunningham - United 4 Children | Title: Healthy Eating and Nutrition Needs Description: Come get an overview of how nutrition impacts the children in your care! Healthy eating can impact brain development and a child's behavior. Learn the best practices for building healthy eating habits in children! | 404 |
| Session 1:15pm - 2:15pm | Karen Base - United 4 Children | Title: The Power of Observation in the Earliest Years - Looking at Your Babies and Toddlers in a Whole New Way! Description: Learn about the importance of observation and simple research-based techniques that will transform your work with infants and toddlers! | 204 |
| Session 1:15pm - 2:15pm | Christine Berg, PhD, OTR / L, FAOTA Program in Occupational Therapy Washington University School of Medicine | Title: Moving Safely at Work to Minimize Pain Description: Early childhood educators are at risk for joint pain from constantly lifting children, picking up toys, and using child sized furniture. Participants will be able to describe 5 aspects of safe movement, describe how to move safely and prevent or minimize pain, and brainstorm how to apply this information to their own classroom. | 202 |

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| Session 1:15pm - 2:15pm | Stephanie J. Hadley Program in Occupational Therapy Washington University School of Medicine | Title: Self-Care for Early Childhood Educators Description: Early childhood educators are at risk of experiencing high levels of stress due to the emotional nature of caring for children and work days that are long and highly structured. Participants will learn about the effects of chronic stress on the body, identify personalized self-care strategies to minimize stress, and be able to describe how to practice daily self-care within their classrooms. | 402 |
| Session 2:30pm - 5:30pm | Lisa Eberle-Mayse - United 4 Children | Title: No Drama Discipline Description: This session will explore the concepts presented in "No Drama Discipline: The Whole Brain Way To Calm the Chaos and Nurture Your Child's Developing Mind," by Daniel Siegel and Tina Bryson. The authors begin by reclaiming the word "discipline," moving away from what have become negative connotations involving punishment and rigidity, and back to the original meaning of the word-- "to teach." Combining cutting edge research into brain development with in-the-moment, "real world" strategies, participants will learn new ways to help children develop self-control and make better, pro-social choices. | 402 |
| Session 2:30pm - 5:30pm | Gina Dattilo - United 4 Children | Title: Girl Power: Queen Bees and Wannabes Description: The participants will look at how girls work with teachers and other children. Looking at ways to guide young girls to know what the history of women is and how it influences opportunities today. Participants will look at how to build skills with girls. | 202 |
| Session 2:30pm - 5:30pm | Bridgit Gale - United 4 Children | Title: All About Boys Description: If men are from Mars, this training will help you learn to understand Martians a bit more. There are truly differences in the brain functioning, how boys interpret messages and learn in different ways. This training will explore those differences as well as talk about discipline techniques that are more effective with boys and strategies that can be used in a classroom setting to help make things less frustrating for the teachers by responding to what boys need. | 403 |
| Session 2:30pm - 5:30pm | Carrie Crompton - Junior League of St. Louis | Title: The little diapers that could – how diapers can save babies and their families Description: St. Louis has one of the highest infant mortality rates in the US – double the national average. The numbers are staggering – babies are dying at alarming rates. 1 in 4 families experiences diaper need – meaning, they don't know where the next diaper is coming from, they are reusing diapers, babies are getting sick from sitting too long in a soiled diaper, and families cannot work because of diaper need. This session will detail the staggering statistics on diaper need and the effects that something as simple as a diaper can have on infant mortality. Childcare providers are a key component of this diaper need equation. This session will show the profound effects that diaper need has on the whole family including childcare and jobs. | 204 |